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ments. The aim was to draw attention to the voluntary donation system which plays an important role in encouraging people to care for each other and generate social ties and a united community. The camp started at 11 am and continued till 5 pm. The blood donation was conducted with the aim to spread awareness around the life-saving tenet that blood donation provides and to pro-



...cure blood for helping the people at times of need. Participants from all walks of life were seen interested and

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DWARKA HEALTH RUN



International Institute of Health Management Research, a Premier Health Management Institute in Partnership Transcorp International, Aakash Healthcare and Dwarka City- a leading Media House of

“The Dwarka Health Run is dedicated for the improvement in standards of health through better management of health care and related programs. Keeping this in mind IIHMR mission is to build a sense of community and common purpose throughout the Dwarka and to enhance the promotive, preventive and curative health care and social well-being of the residents of the Dwarka”.

Dr. Sanjiv Kumar, Director

Dwarka organized Dwarka Health Run on Saturday, September 15. This initiative was to promote physical activity in Subcity. The Central Theme of the Dwarka Health Run was “Be healthy Be active”. The Race passed by Sector 17 police station and National Law University and back followed by prize distribu-

tion to the winners at Institute Convention Hall. Director, Dr. Sanjiv Kumar said the urgent need of the hour is a Healthy Mind Body and soul and that can only be achieved by means of physical activity. Every individual can be empowered to feel better, healthier and ready to take on 2018 with a more positive mind set.

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